

Canada Winter Games 2023

Selection Process Guidelines

Note: Selection guidelines may be modified as we continue to navigate the pandemic.

Minimum mandatory requirements:

For athletes to be eligible for the Canada Winter Games they need to have competed in a minimum of 5 tournaments during the selection period as defined below:

- **3 Nova Scotia tournaments** (Kanokai, JNS Provincials, NUMA Cup, Bridgewater Tournament and any other NS tournaments which may occur during the selection period)
- **1 out of province tournament** (any tournament held outside NS),
- **1 national points tournament** (Eastern Canadian, Quebec Open, Ontario Open etc.)
- **2 out of province training camps**

The participants must regularly train at their home dojo and continue to develop their fitness and judo techniques. In addition to the tournaments listed above, the participants must participate in 75% of the training sessions organized for the selection group.

Points System for selection:

To aid in the selection of the Canada Winter Games Team, athletes will accumulate points. Points will continue to accumulate until the team is finalized. Once the team is finalized, the athletes will be provided with a new process to assist in the team preparation leading to the games.

Provincial Tournaments:

- JNS Provincial Championships
- Kanokai tournament
- Bridgewater tournament
- NUMA Cup

Participation in a provincial tournament:	1 point
Gold Medal:	3 points
Silver Medal:	2 points
Bronze Medal:	1 point

Note: You must win a match to receive Gold/Silver/Bronze points. If you are the only athlete in a weight division, you will receive the participation point and 0.5pt. If the coaches and the tournament director organizes a match for the athlete without any matches using athletes in

another division (15% weight variance), athlete will receive the 0.5 point and full gold points value if they win.

Regional Tournaments:

- Otoshi Cup (Dieppe, NB)
- Atlantic Championship (PEI)

Participation in a regional tournament:	1.5 points
Gold Medal:	4 points
Silver Medal:	3 points
Bronze Medal:	2 points

Note: You must win a match to receive Gold/Silver/Bronze points. If you are the only athlete in a weight division, you will receive the participation point and 1 pt. If the coaches and the tournament director organizes a match for the athlete without any matches using athletes in another division (15% weight variance), athlete will receive the 1 point and full gold points value if they win.

National Tournaments:

- Elite 8 Nationals (Montreal)
- Quebec Open (Montreal)
- Ontario Open (Toronto)
- Canada Cup (Montreal)
- Eastern Canadians (Edmundston, NB)
- Pacific open (BC)
- Edmonton International

Participation in a national tournament:	2 points
Gold Medal:	5 points
Silver Medal:	4 points
Bronze Medal:	3 points

Note: You must win a match to receive Gold/Silver/Bronze points. If you are the only athlete in a weight division, you will receive the participation point and 1.5pt. If the coaches and the tournament director organize a match for the athlete without any matches using athletes in another division (15% weight variance), athlete will receive the 1.5 point and full gold points value if they win.

Training Camp Points:

Inter-Clubs Training Camps:	1 point
Provincial Training Camp:	2 points
Regional Training Camp:	3 points

National Training Camp: 4 points

Note: Inter-club training camps must be pre-approved for points. Examples would be when a club organizes a full day training camp and invites other clubs to collaborate and train with various partners. Open Mats do not have a point value associated with them, but are still highly encouraged for more mat time.

To receive points for training camps, athletes must participate in all sessions, including physical training if applicable.

Exceptions:

If an athlete trains at the National Training Center under the national coaches, they will automatically receive 5 points per month of training at the NTC (subject to obtaining a coaches report from the NTC coaches regarding performance and attendance at the NTC.

Similarly, athletes training at the Regional Training Center in Alberta will receive 4 points per month of training at the RTC, subject to obtaining a favorable coaches report from the RTC coaches.

If an athlete trains at either the RTC or NTC, they must keep in contact with either their club coach or the Canada Winter Games coaches for regular updates on their progress, development and any tournaments and/or training camps they attend while away.

Injury / Sickness

- If an athlete cannot participate in an upcoming tournament or any of the mandatory dates due to sickness, the Canada Games Coaching staff must receive a doctor's note as soon as is practicable.
- If an athlete has an injury that prevents them from participating in tournaments, training camps or mandatory training sessions, the athlete (or parents) must inform the Canada Games Coaching staff of the seriousness of the injury, prognosis and estimated time for recovery.
- If an injury prevents an athlete from participating in a camp or training session, they will receive ½ points if they attend the training session and observe, so long as they are present for the entire duration of the session.